



EVENTS CALENDAR March 2019

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|--|--|--|---|---|---------------------------------------|--------------------------------|
| | | | | 1 10am - Drop to Shops | 2 | 3 2pm - Praise Service |
| 4 8.30am - Craft Group 9.30am - Men's Shed 10 am - 'Growing Bolder Not Older' Info Session 1:30pm - Carpet Bowls | 5 10 am—Zumba 11am—Kim's Strength & Balance class (NEW) | 6 9.00am - 12.30pm Op Shop Open 9.30am—Village Connections 9.30am—Men's Shed 2pm—Bible Study | 7 9.00am - 12.30pm Op Shop Open 11am 'Lets Get Physical' (NEW) | 8 | 9 9.00am - 12.30pm Op Shop Open | 10 2pm - Praise Service |
| 11 8.30am—Craft Group 9.30am—Men's Shed 10 am—TEAM meeting at GV's coffee shop 1:30pm—Carpet Bowls | 12 * Taking bookings for Bus Trip 1 — 9 am at Reception 10am—Zumba 11am—Kim's Strength & Balance class | 13 9.00am - 12.30pm Op Shop Open 9.30am—Village Connections 9.30am—Men's Shed 2pm—Bible Study | 14 9.00am - 12.30pm Op Shop Open 10am—GV Singers 11am— 'Lets Get Physical' | 15 | 16 | 17 2pm - Praise Service |
| 18 8.30am—Craft Group 9.30am—Men's Shed 10:00am Carpet Bowls Tournament AWAY | 19 * Taking bookings for Bus Trip 2 — 9 am at Reception \$5 * Bookings close for Movie afternoon 10am—Zumba 10:30am—Bingo 11am—Kim's Strength & Balance class | 20 9.00am - 12.30pm Op Shop Open 9.30am—Village Connections 9.30am—Men's Shed 2pm—Bible Study | 21 9.00am - 12.30pm Op Shop Open 11am— 'Lets Get Physical' 3:30pm— Movie & Dinner | 22 Bus Trip 1— "Sea Acres Rainforest Cafe" Meet at Men's Shed at 11.00 am Bookings essential | 23 | 24 2pm - Praise Service |
| 25 8.30am—Craft Group 9.30am—Men's Shed 11am—TEAM Bus Trip 1:30pm—Carpet Bowls | 26 10am—Zumba 10am—GV Singers 11am—Kim's Strength & Balance class | 27 9.00am - 12.30pm Op Shop Open 9.30am—Village Connections 9.30am—Men's Shed 2pm—Bible Study | 28 9.00am - 12.30pm Op Shop Open 11am— 'Lets Get Physical' 4:30 pm—HAPPY HOUR | 29 Bus Trip 2— "Laurieton Movie Theatre" further details to come on noticeboard Bookings essential | 30 | 31 2pm - Praise Service |

NEWS & SPECIAL EVENTS FOR MARCH 2019

Bus Trip # 1

Sea Acres Rainforest Cafe
Friday 22nd February 19
Time: 11:00 am
Where: Meet at Men's Shed

BOOKINGS AT RECEPTION ON:
Tuesday 12th March 2019
From 9am

Bus Trip # 2

Laurieton Movie Theatre
Friday 29th March 2019
Time: To be advised
Where: Meet at Men's Shed
More details will be displayed on noticeboards

BOOKINGS AT RECEPTION ON:
Tuesday 19th March 2019
From 9am

Growing Bolder Not Older! (NEW)

At Garden Village, we believe that advancing in years is essential but getting older is optional for those who want to live an active lifestyle. There are multiple opportunities to stay active and to connect with others. Come along to our info session for more details.

When: 10:00 am, Monday 4 March 2019

Where: Aqua Lounge, Cascades

MOVIE AFTERNOON

"My Left Foot"

Thursday 21st March
3:30pm

Community Centre
Light dinner provided
Self Serve
No Cost

Please Book at reception
by Tuesday 19th March



EMERGENCY CONTACT PHONE NUMBERS BELOW — OR 'PRESS CALL BELL'
ADMINISTRATION - 6582 8923 AFTER HOURS GARDEN LODGE 6582 8928 or 000
RECEPTION OPEN 8:30am-5pm Mon-Fri & 8:30-12noon Weekends

REGULAR EVENTS and ACTIVITIES

Happy Hour

When: 4.30 pm on the Last Thursday of the Month.
NEW Location: Craft Room

Blood Pressure/Weight Clinic

When: Thursday 2-3pm
Where: Wellness Centre

Kim's Workout Classes (NEW)

Tuesday: 'Strength & Balance'
Thursday: 'Lets Get Physical'
11:00 am Cascades Gym
Cost: \$10

Drop to Shop

When: 1st Friday of the Month
10am drop off—12noon pick up
Need 6 to run the bus
Where: Settlement City

Craft Group

When: Monday 8.30am
Where: Craft Room

The T.E.A.M

When: 2nd Monday of the Month at 10am
Where: GV Coffee Shop

Swimming with Sharon

When: Tuesday 1pm
Where: GV Swimming Pool

Village Connections

"Good for the mind, body & soul"
When: Wednesday 9.30am
Where: Community Centre
Cost: \$10

GV Men's Shed

When: Monday and Wednesday 9.30am
Where: Men's Shed

Aqua Aerobics

When: Monday 10.30am, Tuesday and Thursday 8:30am and 12noon
Where: GV Swimming Pool
Cost: Free
Sue: 0458 601 616

Op Shop

Open Wednesday and Thursday 9.00am—12.30pm and the 2nd Saturday of the Month 9am—12noon

Golf Croquet

When: Thursdays 9.30am or 3.30pm
Where: Croquet Lawn

Zumba Gold

When: Tuesday 10am
Where: Community Centre
Cost: \$5 first class, \$10 casual or \$8 with loyalty pass

GV Singers

When: 2nd Thursday and 4th Tuesday at 10am
Where: Garden Lodge

Carpet Bowls

When: Monday 1.30pm
Where: Community Centre

For more information on any of the events and activities at Garden Village please contact Reception.